

Double Whammy Masterclass – Co-occurring mental health and alcohol and other drugs

Thursday, 8 March 2018

9.30am–4.30pm

Venue: Mercure Sydney – 818-820 George Street, Sydney NSW 2007

This workshop will utilise peer teaching & learning, and a range of activities crafted to hone your ability to respond to complexity. While the focus is on clients living with co-occurring mental health and AOD issues, it draws on a holistic, strengths-based approach. Learning is enhanced by incorporating reflection, theories and approaches, skills development and current best practices.

You will have the opportunity to:

- Assess the diverse impacts of co-occurring disorders
- Develop strategies to provide comprehensive, individualised services and support
- Reflect on your own practice and development as a worker
- Construct innovative responses to complexity

Who should attend?

The training is free, and available to NADA members.

About the trainer

Mandy (Amanda) Marsters is a Cook Islands Maori woman whose ancestors voyaged from Rarotonga to become the First Nations peoples of Aotearoa (New Zealand). She is a proud Mother and Grandmother.

With 22 years experience in the welfare sector, Mandy has worked as a social worker, youth worker, counsellor, mental health advisor and educator, clinical supervisor, case-manager and educator. She is a qualified social worker and alcohol and other drugs counsellor and holds Diplomas in Community Services – Coordination, Mental Health/Alcohol and other Drugs and Management, a Certificate IV in Workplace Training and Education and a Post-Graduate Degree in Adult Education.



Mandy has particular expertise working with clients experiencing complex issues and challenges including mental health and substance use disorders. For eleven years she worked exclusively with clients experiencing complex issues reintegrating back into the community after prison, and provided clinical and agency supervision for caseworkers and counsellors.

With a passion for Indigenous rights she advocates for colonised, Indigenous peoples to achieve their rightful status within their own countries, including the right to self-determination. Mandy has a strong sense of social justice and works from a strengths approach. She believes that people are experts in their own lives and that the working relationship needs to be respectful and collaborative in order to be effective.

Mandy uses her lived experience as a mental health consumer and survivor of childhood and adult domestic and family violence and trauma to inform her practice.

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NADA is pleased to invite members to attend a free 1-day workshop. All workshop materials, lunch and morning and afternoon tea will be provided.

How do I register?

To register, please fill out the registration form below and send to Tata de Jesus at tata@nada.org.au

Travel and accommodation support

NADA offer travel and accommodation subsidies as reimbursement grants to rural, regional or remote members. Contact Tata de Jesus at tata@nada.org.au to register your interest. View the [guidelines](#) here.

For more information

For more information about the workshop, contact Tata de Jesus at tata@nada.org.au or call 02 8113 1308.

Registration Form

NB: there is no guarantee that every dietary requirement can be accommodated

 My manager has approved me attending this workshop Subscribe me to the Advocate, NADA's free eMagazine