

FAMILY SUPPORT SCALE (adapted from Hanley, Tasse, Aman & Pace, 1998)

INTERVIEWER:

READ THE FOLLOWING: *I'm going to read you a list of people and groups that often are helpful to members of a family raising a young child. Please choose one of the numbers on the card to describe how helpful sources have been to your family during the past 3 to 6 months. If a source of help has not been available to your family during this period of time, tick the "not available" response.*

For example, if your parents were not helpful to your family during the past 3 to 6 months, choose (1) – "Not at All Helpful". If they were sometimes helpful choose (2) – "Sometimes helpful". Choose (3) if they were generally helpful, (4) if very helpful and (5) if extremely helpful. If your parents are no longer living, choose (0) which tells me they were not available during this time period.

NAME	DATE

	0 Not Available	1 Not at all Helpful	2 Sometimes Helpful	3 Generally Helpful	4 Very Helpful	5 Extremely Helpful
1 Your parents						
2 Your spouse or partner's parents						
3 Your relatives/ whanau (other than parents)						
4 Your spouse or partner's relatives						
5 Spouse or Partner						
6 Your friends						
7 Your spouse or partner's friends						
8 Your own children						
9 Other parents						
10 Co-workers						
11 Parent groups						
12 Social groups/ clubs						
13 Church members/ minister						
14 Your family GP						
15 Early childhood programmes						
16 School/ day care centre						
17 Professional helpers (social workers, therapists, teacher, etc)						
18 Professional agencies (public health, social services, mental health, etc)						