

## Checklist for remote supervision

Preparation:	
Agenda <ul style="list-style-type: none"> <li>- Worker items</li> <li>- Supervisor items</li> <li>- Both supervisor and worker have details of the combined agenda</li> </ul>	<input type="checkbox"/>
Contact arrangements <ul style="list-style-type: none"> <li>- A time is scheduled and recorded in both diaries</li> <li>- There is clear information about how you will link up               <ul style="list-style-type: none"> <li>o If by phone - Which phone number is the correct one and who will make the call</li> <li>o Video                   <ul style="list-style-type: none"> <li>▪ There is agreement on the videoconference platform that will be used</li> <li>▪ It has been confirmed the worker has access to technology and the agreed platform</li> <li>▪ A video link or username details for the contact have been shared</li> <li>▪ Confidentiality can be appropriately managed</li> </ul> </li> </ul> </li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
During supervision:	
Managing the technology <ul style="list-style-type: none"> <li>- There is agreement about the process to reconnect or reschedule if the connection drops out?</li> <li>- There is a clear protocol about both parties having the video turned on Except where this is not possible for technical reasons.</li> <li>- The meeting has been arranged so there are no interruptions, so you can focus on the conversation with your worker.</li> <li>- Agreements have been made about managing interruptions if either person is working from home</li> <li>- A process for communication has been established regarding the allowance for time lags, to avoid talking over each other and prioritising the worker to be heard in each instance</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Closing the session:	
<ul style="list-style-type: none"> <li>- Have you checked there is nothing else the worker needed to cover before finishing the session?</li> <li>- Check in if the technology used was ok for both and is suitable to use next time</li> <li>- Agreement has been reached about who will finalise the supervision record documentation?</li> <li>- There a clear arrangement for a follow-up session?</li> <li>- Arrangements for the next supervision have been made.</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
After supervision:	
<ul style="list-style-type: none"> <li>- Timeframes and processes are documented about how the supervision record will be shared and saved</li> <li>- The supervision record has been sent to both supervisor and worker</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>