

**AGENDA - Trauma informed practices for responding to difficult situations  
Cross sector workshop**

**When:** 10:00-3:00pm, 9<sup>th</sup> February 2023

**Where:** Rydges Hotel, 28 Albion Street, Sydney, Gadigal Country

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| <b>09:45-10:00</b> | <p><b>Registration open &amp; coffee and tea available</b></p> <p>Come and say hello to the NADA team and network with forum participants from across the non-government sector</p>  |
| <b>10:00-10:10</b> | <p><b>Welcome to Country</b></p> <p>Metropolitan Local Aboriginal Land Council<br/>Savannah Fynn</p>   |
| <b>10:10-10:45</b> | <p align="center"><b>Trauma informed approaches for providing safe and inclusive services</b></p> <p>Presentation</p> <p><b>Sarah Etter</b> (Clinical Director, NADA) and <b>Michelle Ridley</b> (Clinical Program Manager) will discuss the key themes of the practice resource and provide opportunities for discussion and enhancing practice.</p>  |
| <b>10:45-11:00</b> | <p align="center"><b>Holistic and integrated care and cross-sector collaboration</b></p> <p>Integrated and collaborative practice is vital for best practice as no one organisation is generally able to provide all service needs. Participants will have a chance to learn about each other's services and roles.</p>  |
| <b>11:00-11:30</b> | <p><b>MORNING TEA &amp; NETWORKING</b></p>   |
| <b>11:30-12:00</b> | <p align="center"><b>Trauma informed approaches for providing safe and inclusive services</b></p> <p>Key areas of the practice guide will be explored further and workshop activities.</p>   |
| <b>12:00-12:45</b> | <p>Panel discussion</p> <p><b>Building safe and inclusive service environments for people accessing support, their networks and staff.</b></p> <p><i>'To provide trauma-informed services, all staff of an organisation, from the receptionist to the direct care workers, to the board of directors, must understand how violence impacts the lives of the people being served, so that every interaction is consistent with the recovery process and reduces the possibility of re-traumatisation.'</i> (Elliott et al, 2005).</p> <p>This panel includes people with lived/living experience of alcohol and other drug use and accessing services and staff in different roles and backgrounds working across health and community services who will share their experiences and insights into trauma-informed care and best practice.</p> <p>Panellists: <b>Liz Gal</b> (PeerLine Project Specialist, NSW Users and AIDS Association), <b>Alex Freeman</b> (Consumer Representative, NADA Consumer Advisory Group), <b>Michelle Ridley</b> (Clinical Program</p> |

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|                   | <p>Manager, NADA), <b>Gerard Byrne</b> (Operations Manager, WHOS Treatment Services), <b>Sarah Adams</b> (Manager, Alcohol &amp; Drug Service, St Vincent's Health Network Sydney)</p> <p><b>Panel moderator:</b> Sarah Etter (Clinical Director, NADA)</p>  |
| <b>12:45-1:45</b> | <b>LUNCH &amp; NETWORKING</b>  |
| <b>1:45-2:30</b>  | <p style="text-align: center;"><b>Starting the organisational change process</b></p> <p>In this workshop participants will get an opportunity to reflect on practical ways they could build on their practice and shape change at a program and organisational level in regards to trauma informed care.</p> |
| <b>2:30-2:45</b>  | <p style="text-align: center;"><b>Forum wrap up and close</b></p> <p><b>Sarah</b> (NADA) and <b>Michelle</b> (NADA) will wrap up the forum and give delegates the opportunity to provide final feedback.</p>   |
| <b>2:45-3:00</b>  | <b>Event close - AFTERNOON TEA</b>   |