

# Creating safe spaces

NADA Conference 11-12 May 2023 ICC Sydney Convention Centre

File modified: 09.05.2023

## Day 1 – Thursday 11 May 2023

| Keynote sessions recorded and streamed |  |   |  |   |  |
|--|--|---|--|---|--|
| 9:00–9:05                              | <b>Conference welcome:</b><br><b>Dr Robert Stirling</b> (Chief Executive Officer, NADA)  |   |  |   |  |
| 9:05–9:20                              | <b>Welcome to Country:</b> Metropolitan Local Aboriginal Land Council and smoking ceremony   |   |  |   |  |
| 9:20–9:35                              | <b>Official introduction:</b><br><b>Leone Crayden</b> (NADA Board Chair)   |   |  |   |  |
|  | <b>Official welcome:</b><br><b>The Hon Ryan Park</b> (Minister for Health, Minister for Regional Health) - <i>recorded message</i><br><b>Dr Jan Fizzell</b> (Acting Chief Health Officer, NSW Ministry of Health)  |   |  |   |  |
| 9:35–9:45                              | <b>Keynote welcome: Safe spaces for living and lived experience</b><br><br><b>Kevin Street</b> will discuss the importance of living and lived experience voices in creating safe spaces in the NGO AOD sector.  |   |  |   |  |
| 9:45–10:00                             | <b>Keynote: Limbanu (journey/track/path)</b><br><br><b>Felicity (Flic) Ryan</b> will be delving into her experience of providing over a decade of cultural training to NADA members, and will discuss the gains she has witnessed, and where there is still work to be done. |   |  |   |  |
| 10:00–10:45                            | <b>Keynote panel: Culture at the core of healing</b><br><br><b>Panellists:</b> Tina Williams (Rekindling the Spirit), Raechel Wallace (NADA), Nathan Taylor (AHMRC), Alan Bennett (ADARRN), Levii Griffiths (ACDAN)<br><br><b>Panel facilitator:</b> Flic Ryan               |   |  |   |  |
| 10:45–11:15                            | <b>Morning tea – poster viewing</b>  |   |  |   |  |
| 11:15–12:45                            | <b>Individualised care</b><br>Virtual + in person<br>Cockle Bay<br><b>Chair:</b> Chris Keyes (NADA)  | <b>Collaboration</b><br>Virtual + in person<br>C3.3<br><b>Chair:</b> Michelle Ridley (NADA) | <b>Harm reduction</b><br>In person only<br>C3.2<br><b>Chair:</b> Gerard Byrne (WHOS and NADA Board Member) | <b>Technology in practice</b><br>In person only<br>C3.1<br><b>Chair:</b> Sarah Etter (NADA) | <b>Aboriginal yarning circle</b><br>In person only<br>C3.4<br><b>Chair:</b> Flic Ryan (Big River Connections) and Raechel Wallace (NADA) |

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| <p><u>Lightning round</u><br/>Community-wide drug and alcohol interventions: Lessons from the literature<br/><i>Peter Gates, NDARC</i></p> <p>Karralika Programs journey of embedding Aboriginal and/or Torres Strait Islander cultural support workers in our mainstream AOD organisation<br/><i>Tiana House and Anna McKenry, Karralika Programs</i></p> <p>Integrating AOD and mental health treatment: responding to sleep problems within an AOD setting<br/><i>Phoebe Newman, Reconnexion</i></p> <p>Mutual Aid Groups for Alcohol and Other Drug Use in Asia: A Scoping Review<br/><i>Kate Tan, University of Wollongong</i></p> <p><u>Oral presentation</u><br/>LGBTQ-inclusion in the drug and alcohol sector<br/><i>Daniel Comensoli, ACON</i></p> <p>A collaborative approach to plan, implement, and evaluate a psychoeducational program for clients with complex support needs<br/><i>Christine Faddoul, St Vincent de Paul Society, Swati Vir, SWSPHN, and Dr Emily Deans, NDARC</i></p> <p>SHaWS – An Innovative, Multi-Disciplinary Model for AOD, Mental Health and Primary Health Concerns<br/><i>Liz Scott, Directions Health Services</i></p> | <p><u>Lightning round</u><br/>The effectiveness of Communities of Practice<br/><i>Mellissa Doran, Karralika Programs</i></p> <p><u>Oral presentation</u><br/>Breaking the cycle of incarceration, drug use and release: Evaluation of the Community Restorative Centre's AOD and reintegration programs<br/><i>Lucy Phelan, Community Restorative Centre, and Dr Rebecca Reeve, UNSW</i></p> <p>Truly integrated care for clients with co-occurring needs: The Integrated model of Care at First Step<br/><i>Patrick Lawrence, First Step</i></p> <p>Collaboration in crisis: How visiting primary care service can lead to improved client outcomes in crisis accommodation for marginalised AOD clients<br/><i>Gowan Vyse, The Haymarket Foundation, and Dr Nada Andric, The Exodus Foundation</i></p> <p><u>Workshop</u> Safe spaces to recover for Criminal Justice clients<br/><i>Andy Biddle, Julian Docherty, Jackson Welsh, The Salvation Army, Adele House service user, Judge Motley</i></p> | <p><u>Symposium</u><br/>CanTEST Health and Drug Checking service – an Australia-first born of innovation, collaboration and team work<br/><i>Stephanie Stephens, Jessica Algar, Directions Health Services, and Stephanie Tzanetis, CAHMA</i></p> <p><u>Symposium</u><br/>Vaping as a harm reduction initiative and smoking cessation pathway<br/><i>Carolyn Stuble, Gerard Byrne, WHOS, and Colin Mendelsohn</i></p> | <p><u>Lightning round</u><br/>The Glen metaverse: Safe digital spaces of the future<br/><i>Alex Lee, The Glen Centre</i></p> <p><u>Oral presentation</u><br/>Demolishing Barriers to Care – Evaluation of a Home Telehealth Alcohol Withdrawal Service<br/><i>Lucinda Scopelliti, Clean Slate Clinic, and Linda Smith, WNSW PHN</i></p> <p>Development of a culturally appropriate, national website about crystal methamphetamine for Aboriginal and Torres Strait Islander peoples in Australia<br/><i>Tariq Isaacs and Steph Kershaw, The Matilda Centre</i></p> <p><u>Workshop</u> Creating safe data spaces<br/><i>Alex Lee, The Glen Centre, Sarah Etter, NADA, Michael Chan, Ted Noffs Foundation, and Leo Clayton, Odyssey House NSW</i></p> | <p>Flic Ryan and Raechel Wallace will facilitate a yarnning circle for Aboriginal workers – exploring self care for Aboriginal workers in the NGO AOD sector</p> |
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**13:45–14:25 Keynote: Culture and connection**

**Dr Di and Papa Mark Kopua** will look into how to stay connected while leaning into the discomfort of giving and receiving feedback, and its importance to the success of our individual and collective growth.

**14:25–15:00 Keynote: Creating safe spaces with diversity across AOD services through humility, humanity and humour**

**Prof Jioji Ravulo** will explore possibilities of creating safe spaces with diversity by unpacking the importance of practicing cultural humility, understanding the human element of our work, and supporting our professional and personal self care with humour.

**15:00–15:30 Afternoon tea – poster viewing**

| <b>15:30–16:30</b><br><b>Integrating cross cultural perspectives</b><br>Virtual + in person<br>Cockle Bay<br><b>Chair:</b> Latha Nithyanandam (Kathleen York House and NADA Board Member)  | <b>Working with families and carers</b><br>Virtual + in person<br>C3.3<br><b>Chair:</b> Dylan Clay (WEAVE and NADA Practice Leadership Group Member)   | <b>Client centred care</b><br>In person only<br>C3.2<br><b>Chair:</b> Danielle Breeze (Kedesh Rehabilitation Services and NADA Practice Leadership Group Member)   | <b>Working with communities in rural and regional settings</b><br>In person only<br>C3.1<br><b>Chair:</b> Leone Crayden (The Buttery and NADA Board Member)  | <b>Data and outcomes</b><br>In person only<br>C3.4<br><b>Chair:</b> Sarah Etter (NADA)   |
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| <p><u>Oral presentation</u><br/>           CALD audit project: Learnings, recommendations and moving towards inclusive service delivery<br/> <i>Tata de Jesus, NADA, Alison Jaworski, CALD audit project Consultant, and Ahmad Jadran, Odyssey House NSW</i></p> <p><u>Panel</u><br/>           Enhancing responses to cultural diversity – a hypothetical case study, facilitated by Prof Jioji Ravulo<br/> <i>Mohamad Fenj, The Rehabilitation Project, Teguh Syahbahar, Odyssey House NSW, Carolyn Stuble, WHOS, and Yasmin Iese, Cultural Consultant</i></p> | <p><u>Lightning round</u><br/>           The feasibility and preliminary efficacy of an online intervention for Australian families and friends impacted by another's methamphetamine use<br/> <i>Clare Rushton, University of Wollongong</i></p> <p><u>Oral presentation</u><br/>           Carers of people living with Alcohol, Gambling or Drug Addiction: Integrating family and friend carers in a complex service landscape<br/> <i>Lukas Hofstätter, Carers NSW</i></p> <p>Integrated care for Parents and Families in Residential Programs – the Odyssey Family Recovery Centre<br/> <i>Chris Lonsdale and Terri Roumanous, Odyssey House NSW</i></p> | <p><u>Workshop</u> Client Centred Care: How it can work in an AOD Residential setting. Applying a CC approach, lessons learned &amp; progress made at KRS<br/> <i>Danielle Breeze, Mark Buckingham, Eef DenBoer, Lachlan Lantry, Megan Wood and Kelly Molloy, Kedesh Rehabilitation Services</i></p> | <p><u>Oral presentation</u><br/>           Guiding Rural &amp; Outback Wellbeing through Aquaponics<br/> <i>Matt March and Gavin Drake, Royal Flying Doctor Service</i></p> <p>Your Health Help<br/> <i>Darren Bayley, Your Community Health</i></p> <p>An Evaluation of Roadmaps – Regional Mobile Day Program, meeting people where they are at<br/> <i>Dee Healey, Lives Lived Well</i></p> | <p><u>Symposium</u> Implementing routine outcome measures and feedback (ROMF) in substance use treatment services<br/> <i>Prof Leanne Hides, Gabrielle Campbell, Holly Stokes, National Centre for Youth Substance Use Research, The University of Queensland, Peter Kelly, University of Wollongong, and Dr Mei Lin Lee</i></p> |

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|             |                               | <p>"Reclaiming Respect" Supporting parents living with substance induced Adolescent Violence in the Home (AVITH)<br/> <i>Belinda Volkov and Jane Turner, SDECC</i></p> |  |  |  |
| 16:30       | Day one close                 |  |  |  |  |
| 16:30–18:00 | Canapes and networking drinks |  |  |  |  |

## Day 2 – Friday 12 May 2023

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| <b>Keynote sessions recorded and streamed</b> |  |
| 9:15–9:20                                     | <b>Welcome recap day 1: Dr Robert Stirling</b> (Chief Executive Officer, NADA), and <b>Leone Crayden</b> (NADA Board Chair)  |
| 9:20–9:35                                     | <p><b>Keynote: In hot pursuit of the reform of drug and law policy</b></p> <p><b>Dan Howard</b> will discuss his deep dive into the state of drug law and policy in NSW and will consider whether the response so far has been adequate, and what we can expect going forward.</p>                                     |
| 9:35–10:15                                    | <p><b>Keynote panel: The future of the AOD sector</b></p> <p><b>Panellists:</b> Dan Howard, Daniel Madeddu (NSW Health Centre for Alcohol and Other Drugs), Leone Crayden (The Buttery, NADA Board Chair), Dr Mary Harrod (NSW Users and Aids Association)</p> <p><b>Panel facilitator:</b> Robert Stirling (NADA)</p> |
| 10:15–11:15                                   | <p><b>Keynote: Resisting burnout with solidarity and collective care</b></p> <p><b>Dr Vikki Reynolds</b> (virtual presentation) will work with us to consider a frame for resisting burnout that holds clients at the centre, based on how we treat people, and resist pathologizing ourselves and other workers.</p>  |
| 11:15–11:45                                   | Morning tea  |
| 11:45–12:05                                   | <p><b>Keynote: Rainbow Buzz - LGBTQ+ communities and the NGO AOD sector</b></p> <p><b>Teddy Cook</b> will present on substance use within LGBTQ+ communities and the barriers and enablers the NGO AOD sector can support to better meet the needs of this priority population group.</p>                              |

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| <p><b>12:05–13:00</b></p>                        | <p><b>Presentation of the 2023 AOD Awards for the NSW Non-Government Sector</b></p> <p>The awards acknowledge the significant contribution of the sector in preventing and reducing alcohol and other drug related harms across NSW communities through leadership, program design and delivery, and a dedicated workforce.</p> <p>Award Categories:</p> <p>First Nations Award<br/> Outstanding Contribution in Peer Work and/or Consumer Representation Award<br/> AOD Frontline Champion Award<br/> Excellence in Health Promotion and/or Harm Reduction<br/> Excellence in Treatment<br/> Excellence in Research and Evaluation<br/> Outstanding Contribution Award</p> |  |  |   |
| <p><b>13:00–14:00 Lunch – poster viewing</b></p> |   |  |  |   |
| <p><b>14:00–15:30</b></p>                        | <p><b>Living and lived experience</b><br/> Virtual + in person<br/> Cockle Bay<br/> <b>Chair:</b> Jennifer Lucas (NADA) and Kevin Street (NADA Consumer Advisory Group Member)</p>  | <p><b>Innovative approaches</b><br/> Virtual + in person<br/> C3.3<br/> <b>Chair:</b> Michele Campbell (Lives Lived Well and NADA Practice Leadership Group Member)</p>  | <p><b>Systems wide approaches</b><br/> In person only<br/> C3.2<br/> <b>Chair:</b> Chris Keyes (NADA)</p>  | <p><b>Continuing care</b><br/> In person only<br/> C3.1<br/> <b>Chair:</b> Hannah Gillard (NADA)</p>  |
|  | <p><u>Lightning round</u><br/> Characteristics of a ‘good’ AOD caseworker: Young people’s perspectives<br/> <i>Dr Emily Deans, Youth Solutions</i></p> <p>Exploration of barriers to access and engagement for people attending residential alcohol and other drug treatment<br/> <i>Jelena Novakovic, Kedesh Rehabilitation Services and Charles Sturt University</i></p> <p><u>Oral presentation</u><br/> The power of lived/living experience – learnings from NADA’s consumer advisory group<br/> <i>Michelle Ridley, NADA, Alex Freeman, Liz Gal, Fabian Galbraith, and Kevin Street, NADA Consumer Advisory Group</i></p>   | <p><u>Lightning round</u><br/> Increasing Access Equity to Arcadia House Rehabilitation Programs<br/> <i>Meg Diggie, Directions Health Services</i></p> <p><u>Oral presentation</u><br/> What are the perspectives and concerns of staff working with clients with diverse cultural heritage? Cultural safety at the Kirketon Road Centre: A primary healthcare service for marginalised people<br/> <i>Edmund Silins and Sophie Pereyra Bowdler, Kirketon Road Centre</i></p> <p>Cultural Immersions and Imperfect Allies Network<br/> <i>Katie Fox and Hayley Bowman, Waminda</i></p> <p><u>Symposium</u> Stronger together<br/> <i>Danielle Manton and Steve Taylor, ADARRN</i></p> | <p><u>Oral presentation</u><br/> Driving collaboration and a collective voice for the AOD sector through a national peak organisation<br/> <i>James Dunne, AADC</i></p> <p>Peers in policy – DanceWize NSW, peer-based harm reduction services, and the NSW Health Music Festival Harm Reduction Guidelines<br/> <i>Timothy Powell, Mary Harrod, Erica Franklin, and Jacinta Bourne, NUAA</i></p> <p>The NSW Drug and Alcohol Clinical Research and Improvement Network (DACRIN): Enhancing clinical research capacity across the AOD sector<br/> <i>Michelle Hall, DACRIN</i></p> | <p><u>Oral presentation</u><br/> Client engagement is a service outcome in adolescent AOD aftercare: An Australian qualitative study that informs quality management system<br/> <i>Rebecca Gray, UNSW Centre for Social Research in Health</i></p> <p>Supporting Culturally and Linguistically Diverse Individuals, Families, and Communities<br/> <i>Teguh Syahbahar, Odyssey House NSW</i></p> <p><u>Symposium</u> Responding to family violence, victimization and criminalization: What are the opportunities for the AOD sector?<br/> <i>Lucy Phelan, Ben Tempone, Gail Gray and Claire McMahon, Susan Hawkeswood, Community Restorative Centre</i></p> |

Supporting HCV Elimination through  
NUAA Peer expertise and Health  
Partnerships – The Peers on Wheels  
(POW) Project  
*Rodd Hinton and Briallen Lloyd, NUAA*

10,000 Peer Work Engagements:  
Building Safe Spaces for Hepatitis C  
Outreach and linkages to care through  
Peer Partnership Work  
*Grace Crowley, Hepatitis NSW*

Collaboration leads to innovation:  
Including 'safety' as a previously under-  
explored theme of AOD service user  
experience  
*Anke van der Sterren, ATODA*

Symposium Discussing LGBTQ+  
Inclusive and Affirming Practice  
Guidelines for AOD and Mental Health  
Service Providers  
*Siobhan Hannan, Naif-Jamie Martin,  
ACON, Sarah Etter, NADA, and Katy  
Sam, CMHDARN*

15:30

Day two close

## Poster presentations

Posters will be presented in the plenary room foyer, on the virtual conference portal, and streamed during break times in the plenary room.

### **DRINK LIMITS: Creating safe services for transgender women and lesbian, bisexual and queer women**

Siobhan Hannan  
ACON

### **Who Cares for the Carers? Creating support for festival peer volunteers**

Jane Lo, Tim Powell, Mary Harrod, Erica Franklin, Jacinta Bourne  
NSW Users and Aids Association (NUAA)

### **Using the Substance Use Recovery Evaluation to measure recovery among residential treatment clients: Advice for clinicians and clinician-researchers**

Emma Hatton  
University of Wollongong

### **Understanding Pacific young people's AoD and Mental health concerns: A photo-voice approach**

Emily Deans, Angelica Toluono  
Youth Solutions

### **Developing a trauma-informed, recovery-focused Model of Care**

Amy Biggins, David Kelly  
Odyssey House NSW

### **Stigma and factors associated with experiencing stigma while visiting healthcare services among people who use drugs in Australia, 2022**

Rachel Sutherland, Udesha Chandrasena  
National Drug and Alcohol Research Centre (NDARC)

### **Reaching consensus on the most important measures of performance for NSW non government alcohol and other drugs treatment services**

Robert Stirling<sup>1,2</sup>, Sally Nathan<sup>1</sup>, Alison Ritter<sup>3</sup>

<sup>1</sup> School of Population Health, UNSW Sydney, Australia,

<sup>2</sup> Network of Alcohol and other Drugs Agencies, Sydney, Australia,

<sup>3</sup> Drug Policy Modelling Program, Social Policy Research Centre, UNSW Sydney, Australia

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## **Conference program committee**

**Tata de Jesus** NADA

**Robert Stirling** NADA

**Chris Keyes** NADA

**Sarah Etter** NADA

**Michelle Ridley** NADA

**Raechel Wallace** NADA

**Alice Guirguis** NADA

**Liz Gal** Consumer Representative

**Carolyn Stublely** We Help Ourselves

**Michele Campbell** Lives Lived Well

**Danielle Breeze** Kedesh Rehabilitation Services

**Levii Griffiths** Aboriginal Corporation Drug and Alcohol Network of NSW

**Jodie Enderby** NSW Ministry of Health

**Trent Rees** PHN AOD Network

## **Conference organising committee**

**Maricar Navarro** NADA

**Tata de Jesus** NADA

**Sharon Lee** NADA

**Robert Stirling** NADA

**Chris Keyes** NADA

**Alice Guirguis** NADA

**Jo Murphy** NADA

## **Abstract review committee**

**Jade Pados** NSW Ministry of Health

**Joanne Ross** NSW Ministry of Health

**Joanne Zeilinga** NSW Ministry of Health

**Joanne Telenta** PHN AOD Network

**Fabian Galbraith** Consumer Representative

**Tony Russell** Consumer Representative

**Levii Griffiths** Aboriginal Corporation Drug and Alcohol Network of NSW

**Sarah Etter** NADA

**Tata de Jesus** NADA

## **Awards review committee**

**Robert Stirling** NADA

**Chris Keyes** NADA

**Alex Freeman** Consumer Representative

**Tanya Merinda** NSW Ministry of Health

**Kylie Paulson** NSW Ministry of Health and Aboriginal Corporation Drug and Alcohol Network of NSW