

Clinical supervision resources

Developing your practice framework

Insight Centre for Alcohol and Drug Training has an e-module - UNDERSTANDING OURSELVES - Developing your practice framework https://insight.qld.edu.au/training/L1C7M1_20230201/detail

Understanding the benefits of clinical supervision to our clinical practice and how to get the most out of our sessions is important, whether we attend in a group or individually. Clinical Supervision Services has a fee-based e-learning course: ***On being a supervisee; making it work for you.*** https://www.clinicalsupervisionservices.com.au/client_images/2259515.pdf

Reflective practice resources

NSW Health Clinical Excellence Commission has produced a range of reflective practice resources, including a workbook, videos and tip sheets that can be shared amongst the team and used as discussion references. <https://www.cec.health.nsw.gov.au/improve-quality/teamwork-culture-pcc/teamwork/reflective-practice>

Support the AOD sector, become an accredited clinical supervisor

Use your experience in the AOD sector to provide clinical support to the sector by training as a clinical supervisor. Clinical Supervision Services provides accredited clinical supervisor training. Participants will receive the **Certificate of Attainment in Professional Supervision** and can apply to become an Accredited Supervisor with the Psychotherapy and Counselling Federation of Australia (PACFA) or the Australian Counselling Association (ACA). <https://www.clinicalsupervisionservices.com.au/>

An introduction to the principles of clinical supervision for managers and team leader to gain a greater understanding of the value and key intentions of external clinical supervision is the e-learning course: Fundamentals of Clinical Supervision https://www.clinicalsupervisionservices.com.au/client_images/2446961.pdf

Clinical supervisor resources

Organisations and supervisors need to have clear agreements as to how clinical supervision will be delivered, this will include confidentiality to supervisees and clear guidelines about line reporting. These contracts are time limited with an inbuilt review date and will be informed by the organisation's [Clinical Supervision Policy](#). This is an external supervisor's template https://www.clinicalsupervisionservices.com.au/client_images/1779603.pdf to guide this process. Copyright © 2016 by Clinical Supervision Services All rights reserved. Permission granted to copy.

A **self-audit tool for supervisors** has been developed as part of the Clinical Supervision Skills Review Tool developed by Victorian Department of Health and Human Services and Health Workforce Australia, 2014 to support clinical supervisors to reflect on their clinical supervision skills. https://www.vgls.vic.gov.au/client/en_AU/search/asset/1288799/

Clinical supervision frameworks

Clinical supervision policies will specify that clinical supervision delivered in the AOD sector is to be trauma-informed to ensure that relational interactions between the client, workers and clinical supervisor are considered in the context of the impact of trauma.

https://www.clinicalsupervisionservices.com.au/client_images/1861686.pdf

Specialised forms of clinical supervision

First Nations Cultural Supervision: Supporting workers to walk in two worlds

A Practical Guide to Clinical Supervision <https://www.youtube.com/watch?v=JTZuwIBFLK4> This short video is aimed at the organisations who employ AOD staff who work with Aboriginal people.

AH&MRC SEWB Workforce Support Unit on 02 9212 4777 or email wsu@ahmrc.org.au. Please be advised the video may contain people, images or names of people who have since passed away.

Our Healing Ways research completed by the Victorian Dual Diagnosis Initiative is a reflection on the importance of cultural supervision for workers working in communities.

https://healthinonet.ecu.edu.au/healthinonet/getContent.php?linkid=572183&title=Our+Healing+Ways%3A+supervision%3A+a+culturally+appropriate+model+for+Aboriginal+workers&contentid=24027_1

Multicultural supervision: Supporting a diverse and strong AOD workforce

Cultural supervision supports AOD workers from various cultural backgrounds and services working with clients from diverse cultural backgrounds to provide culturally safe services.

<https://nada.org.au/wp-content/uploads/2023/11/Multicultural-Supervision-Fact-Sheet.pdf>

Peer work practice supervision

NADA facilitates the **Peer Workers Community of Practice** which is a supportive peer-based network where people can share their experiences of working as a consumer representative or peer worker in the non-government alcohol and other drugs sector. Held online, every six weeks contact Jennifer Uzabeaga, Consumer Engagement Coordinator jennifer@nada.org.au

<https://nada.org.au/about/networks/consumer-representative-and-peer-worker-community-of-practice-2/>

(NUAA) NSW Users Association provides ConnectED; specialist peer support and professional development for peer and lived and living experience workers. <https://nuaa.org.au/connected>

A specialised form of clinical supervision which is provided by experienced peer workers external to the organisation. The mental health sector has some helpful resources to support AOD services in developing their professional development policies to include practice support for the developing peer workforce. The Mental Health Commission of NSW has a range of resources.

<https://www.nswmentalhealthcommission.com.au/content/peer-work-hub>