

Are you new to working in the non-government alcohol and other drugs (AOD) sector?



*Welcome to*



Welcome to this extraordinary space! People are drawn to work in this sector for a range of reasons, including the ability to support people from a variety of backgrounds, to practice a broad range of skills, the ethical nature of the work, and much more. You'll be inspired by the people you work with—they're incredibly motivated, committed, and enthusiastic.

**AOD people rock. AOD people must be protected<sup>1</sup> at all costs!**

That's where we come in. We're the Network of Alcohol and other Drugs Agencies, or NADA, for short. We're the peak organisation for the non-government AOD sector in NSW, representing 80 organisational members that provide services in over 100 locations across NSW.

We're here for you. If your employer is a NADA member, that means you are too. A big part of what we do is provide free training, resources, and a range of tools to support you to excel in your role.

## The NADA induction kit

We have a kitbag of tools, resources and training that are yours for the taking.

**1**

**Keep an eye out for an orientation resource** A guide containing essential information for NSW alcohol and other drug sector workers is coming soon. It includes chapters representing a vital area of AOD practice, including our people, treatment approaches, monitoring outcomes, and useful information like AOD-relevant acronyms and contact directories.

**2**

**Access free training** Jump to the [events page](#) on our website to see what's on. Take eLearning modules on the [NADA learning portal](#) to enhance your AOD core knowledge and skills. Watch a webinar series on [emerging drugs](#) used by people in the community. Apply for a [training grant](#) if you're set on taking training by another provider.

# The NADA induction kit

continued

3

**Language matters** Language is powerful—especially when discussing AOD and the people who use them. Learn how to [use language to empower clients](#) and reinforce a person-centered approach.

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**Look after your wellbeing** While AOD work is incredibly rewarding, it is also demanding. That's why it's important that you invest as much time and care looking after your health as you do others. [Watch videos and download posters](#) that prompt you to enhance your wellbeing. Ensure you access [clinical supervision](#), a vital part of professional development for all client facing staff.

4

**Download practice resources** Access [free resources](#) to support your work with clients. We've also developed the [AOD resource finder](#), so you can quickly find AOD resources from trusted service providers.

7

**Network with colleagues** Join a NADA network to feel supported in your role. There are networks for those who support [women, young people, and gender and sexuality diverse people](#). There are networks for [consumers, peer workers, nurses, practice leaders, and data and research professionals](#). You can also join the [Community Mental Health Drug and Alcohol Research Network](#), a network that builds the research ability of the mental health and AOD sectors.

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**Stay in touch with NADA publications** [Subscribe to Frontline](#), our monthly email newsletter to receive practical know-how, tips, and resources. [Subscribe to the Advocate](#) to learn about current themes in the sector and diverse ways the sector responds.

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**Reach out to NADA** [Visit our website](#) to learn more about what we do. Contact us anytime if you have a question, discuss an issue, or suggest ideas for professional development. Simply email [feedback@nada.org.au](mailto:feedback@nada.org.au) and we'll get back to you. We hope to see you soon!

Visit the NADA website [www.nada.org.au](http://www.nada.org.au)

## Bibliography

1. Skinner, N. and Roche, A. (2021). 'Very demanding. Extremely rewarding': Exploring the co-occurrence of burnout and engagement in alcohol and other drug workers.' Drug and Alcohol Review. DOI: 10.1111/dar.13250