

Training grants

Commonly requested training areas and providers

Please note this is not an exhaustive list nor does NADA have any affiliation with the providers. This list is intended to reflect the training most commonly engaged in by member services.

Trauma and trauma informed therapeutic approaches

- Trauma, identity and hope: A narrative therapy approach
CCWT, 7 hours
<https://www.ccwt.edu.au/course/CNSL30>
- Therapeutics of trauma-informed care and management
CCWT, 7 hours
<https://www.ccwt.edu.au/course/CNSL29>
- Trauma-focused ACT
ACT Mindfully, 2 days
<https://www.actmindfully.com.au/act-trauma-focused-act-working-with-body-mind-and-emotion/>
- Foundations for Building Trauma Awareness
Blue Knot Foundation, 1 Day
<https://professionals.blueknot.org.au/professional-development-training/training-programs/foundations-for-building-trauma-awareness/>

Mental health, co-occurring mental health and AOD needs

- Comorbidity guidelines
Matilda Centre – Comorbidity guidelines training centre (self-paced modules and training sessions)
<https://comorbidityguidelines.org.au/training-programs>
- Co-occurring mental health and AOD disorders
ACWA, 2 days
<https://www.ccwt.edu.au/course/ADMH03>

Family inclusive practice

- Family Constellations Training
Maria Dolenc, 11 hours
<https://familyconstellations.com.au/about-family-constellations-training/>

- Circle of Security Facilitators Training
Circle of Security International, 25-35 hours online
<https://www.circleofsecurityinternational.com/cosp-facilitator-training/>
- Family and friends training
SMART Recovery, 10.5 hours
<https://smartrecoveryaustralia.com.au/family-friends/>
- Family Group Conference facilitation
CCWT, 2 days
<https://www.ccwt.edu.au/course/OOHC50>

Treatment modalities, improving practice

- Accidental counsellor training
Human Connections, 1 day
<https://humanconnections.com.au/accidental-counsellor-training/>
- Integrating motivational interviewing with CBT
360 Edge, 1 day
<https://www.cbtaustralia.com.au/workshops/integrating-motivational-interviewing-with-cbt>
- Motivational interviewing, Foundational
CCWT, 6 weeks
<https://www.ccwt.edu.au/course/ADMH51>
- ACT Made Simple
ACT Mindfully, 2 days
<https://www.actmindfully.com.au/act-trauma-focused-act-working-with-body-mind-and-emotion/>
- Schema therapy intensive: Model, methods and techniques
Online training, 1 day minimum
<https://www.schematherapytraining.com/>
- Single Session thinking
La Trobe University, 1 day
<https://cmhl.org.au/training/single-session-thinking>

Training for people with lived and living experience

- Safe storytelling/safe disclosure
MHCC
<https://mhcc.org.au/course/safe-storytelling/>
- Health consumer representative training
HCNSW, Online Training
<https://www.hcnsw.org.au/training-events/online-consumer-training/>

- Peer Workforce Training
SHARC
<https://www.sharc.org.au/sharc-programs/peer-projects/peer-workforce-training/>

Working with young people

- Everybody hurts sometimes – anger management tools and strategies
CCWT, 1 day
<https://www.ccwt.edu.au/course/YTH04>
- Engaging and supporting young people
CCWT, 2 days
<https://www.ccwt.edu.au/course/YTH03>
- Group work activities, activities and more activities
CCWT, 1 day
<https://www.ccwt.edu.au/course/TAG03>
- AOD Link, Youth Solutions – Promoting Health, Preventing Harm
<https://youthsolutions.com.au/educators/aod-link/>

Culturally and linguistically diverse inclusion

- HUE provides an anti-racism and allyship training.
<https://huecolourtheconversation.com/workshops>

Working with gender and sexuality diverse communities

- ACON provide 'LGBTQ+ Inclusive Practice for AOD Support Services' (In-Person Training).
<https://www.pridetraining.org.au/>
- LGBTQ Awareness
The Pride Centre, In person Training
- HUE provide a training titled "Creating Inclusive Feminist Spaces" to explore safer practice and inclusive language.
<https://huecolourtheconversation.com/workshops>
- The Gender Centre provides a training focused on trans and gender diverse inclusion.
<https://gendercentre.org.au/services/education-training>

Working with Aboriginal and Torres Strait Islander People and Communities

- Big River Connections and Felicity Ryan frequently provide ACAT and ASBP trainings for NADA member services.
<https://bigriverconnections.com.au/>

Supporting people and their families during and post-incarceration

- <https://www.crcnsw.org.au/services/specialist-training/>

Suicide prevention



About the program

The SafeSide Program - Alcohol and Other Drugs was co-designed for organisations working with clients facing substance use and mental health challenges. It supports workforces to think, act, and communicate with a common set of principles and best practices.

The content focuses on the unique challenges of dealing with both substance use and suicide risk.

It highlights the complex relationship between alcohol, drugs, and suicide, giving participants the knowledge, skills, and framework to handle these issues effectively.

SafeSide Prevention's InPlace® Workshop is delivered by local hosts who bring groups together for video-based education, which steps through each core task of the SafeSide Framework. The program uses guided teaching, discussions, scenarios, and role-specific simulations to engage participants and reinforce learning.

Watch the short video about the program [here](#). Learn more about the SafeSide Framework [here](#).

How to get in touch for a quote

To request a quote, email jamie.thompson@safesideprevention.com, SafeSide's General Manager Jamie Thompson.

Alternatively, [schedule a time](#) to discuss further details over Zoom before requesting a quote.